



Three Months Fellowship Course in  
**Sexual  
Medicine**



# About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills

MHPro is committed to a competency based curriculum. Learners will be graded and receive pertinent feedback

**Welcome to MHPro**





# Course Introduction

This comprehensive and highly targeted sexual medicine fellowship course is designed by expert urologist, psychiatrist, endocrinologist, dermatologist, and gynecologist focusing on key aspects of evaluation, diagnosis and treatment examinations of various diseases and disorders, and also includes psychosocial conditions management affecting sexuality, needed to empower clinicians for day to day clinical practice





## Learning Objectives:

- Gain knowledge and skills required for delivering reproductive healthcare
- Learn management approaches to various sexually transmitted infections (STIs)
- Identify possible causes and manage medical aspects of infertility in males and females
- Understand various options available for reproductive health promotion
- Evaluate and treat erectile dysfunction, Peyronie's disease, and male sexual dysfunction
- Manage complicated and difficult urologic prosthesis cases
- Evaluate and treat patients with urethral strictures, urinary fistulae, genital skin deficiency, and benign disorders of the scrotum and perineum
- Become expert in the comprehensive men's health evaluation
- Understand the sexual and reproductive health needs of the local communities



## Learning outcomes:

- Implement evidence based sexual and reproductive health programs
- Evaluate effectiveness of reproductive health interventions
- Carry out sexual counseling
- Manage common STIs



# Program Director



**Dr. S S Vasan**

Uro-Andrologist & Medical Director,  
Ankur Healthcare, Bengaluru, India  
President SASSM



# Course Directors



**Dr. Peter HC Lim**

Medical Director, Andrology,  
Urology & Continence Centre,  
Gleneagles Hospital, Singapore



**Dr. Rupin Shah**

Consultant Andrologist &  
Microsurgeon, Lilavati Hospital  
& Research Centre, Mumbai, India



# Who should take up this course?



Medical Graduates, PG Students in the field of Urology, General Surgery, Gynecology, and Reproductive Medicine, Embryologists, Psychiatrists, Dermatologists, Lab technicians in the field of Andrology and Embryology







# Curriculum

Module Name	Chapter Name
<b>The need for men's sexual health in today's era</b>	<ul style="list-style-type: none"><li>• <b>The case for men's health</b></li></ul>
<b>Sexual Development &amp; Sexuality</b>	<ul style="list-style-type: none"><li>• <b>History of sexual medicine - the evolution</b></li><li>• <b>Sexual development Male and Female - Sexual Response Cycle and its Determinants</b></li><li>• <b>Hormones in sexual development / behavior</b></li></ul>
<b>Adolescent Sexual Medicine and Challenges in Management</b>	<ul style="list-style-type: none"><li>• <b>Introduction to Sexuality in Adolescents</b></li><li>• <b>Evaluation of Puberty</b></li><li>• <b>Components of Adolescent Sexuality and terms related to it</b></li><li>• <b>Stages of sexuality development in adolescents- early, mid and late</b></li><li>• <b>Assessing sexual health - HEADSSS / psychosocial history and sexual health history</b></li><li>• <b>Sexual Behaviour and STD</b></li></ul>
<b>Evaluation of Sexual dysfunction in office clinical practice</b>	<ul style="list-style-type: none"><li>• <b>Male Sexual Dysfunction - Clinical Challenges Management Strategy for Gynaecologists</b></li><li>• <b>Effects of Tobacco on Sexual Health</b></li></ul>









# Curriculum

Module Name	Chapter Name
 <p><b>Sexual Evaluation by Psychologist Perspectiv</b></p>	<ul style="list-style-type: none"> <li>• <b>Sexual medicine clinic - do's &amp; donts - consents</b></li> <li>• <b>Relevant history taking and problem classification</b></li> <li>• <b>Mindfulness in sexual therapy - the new trend</b></li> <li>• <b>Steps of Mx of psychogenic ED: Psychotherapy or Drugs - alone or combined? how to choose?</b></li> <li>• <b>Sex Therapy for PME - Is there a role?</b></li> <li>• <b>Limitations &amp; concerns of sex therapy</b></li> </ul>
 <p><b>Management of Sexual Dysfunction / ED in office clinical practice</b></p>	<ul style="list-style-type: none"> <li>• <b>Quick history format for evaluating male sexual dysfunction</b></li> <li>• <b>Using PDE5 inhibitors effectively</b></li> <li>• <b>Management of Non-Responders to PDE5 Inhibitors</b></li> <li>• <b>Erectile Dysfunction - evaluation. A practical, therapy-guided approach for the urologist</b></li> <li>• <b>Late Onset Hypogonadism</b></li> <li>• <b>Case scenarios</b></li> </ul>
<p><b>Influence of Dermatological conditions on sexual function</b></p>	<ul style="list-style-type: none"> <li>• <b>Dermatological conditions those can adversely influence the sexual relationship</b></li> <li>• <b>Genital Hygiene</b></li> </ul>
<p><b>Influence of STI/HIV &amp; Genital variations on sexual function</b></p>	<ul style="list-style-type: none"> <li>• <b>Genital discharges in men</b></li> <li>• <b>Female Genital Discharges</b></li> <li>• <b>Impacts of STI-HIV on marriage,</b></li> </ul>





# Curriculum





Module Name	Chapter Name
 <b>Influence of STI/HIV &amp; Genital variations on sexual function</b>	<ul style="list-style-type: none"><li>parenthood and resuming sex after treatment</li><li>• <b>Myths and misconceptions on STI-HIV</b></li><li>• <b>Serology of Syphilis and HIV</b></li><li>• <b>Post exposure prophylaxis, preexposure prophylaxis and universal work precautions</b></li><li>• <b>Venerophobia and HIV Phobia</b></li></ul>
<b>Psychiatry and Sexual Medicine</b>	<ul style="list-style-type: none"><li>• <b>Sexual evaluation by psychiatrist perspective</b></li><li>• <b>Psychiatric disorders and sexual problems - Introduction</b></li><li>• <b>Treatment of psychiatric disorders and treatment emergent sexual dysfunctions</b></li></ul> 
<b>Influence of Dermatological conditions on sexual function</b>	<ul style="list-style-type: none"><li>• <b>Dermatological conditions those can adversely influence the sexual relationship</b></li><li>• <b>Genital dermatoses those can result in Sexual Dysfunctions</b></li><li>• <b>Certain genital conditions raises concern and Sexual Dysfunctions</b></li><li>• <b>Genital Hygiene</b></li></ul> 
<b>Influence of STI/HIV &amp; Genital variations on sexual function</b>	<ul style="list-style-type: none"><li>• <b>Genital discharges in men</b></li><li>• <b>Female Genital Discharges</b></li><li>• <b>Impacts of STI-HIV on marriage, parenthood and resuming sex after treatment</b></li></ul> 








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Module Name	Chapter Name
 <p><b>Influence of STI/HIV &amp; Genital variations on sexual function</b></p>	<ul style="list-style-type: none"> <li>• Myths and misconceptions on STI-HIV</li> <li>• Serology of Syphilis and HIV</li> <li>• Post exposure prophylaxis, preexposure prophylaxis and universal work precautions</li> <li>• Venerophobia and HIV Phobia</li> </ul>
<p><b>Psychiatry and Sexual Medicine</b></p>	<ul style="list-style-type: none"> <li>• Sexual evaluation by psychiatrist perspective</li> <li>• Psychiatric disorders and sexual problems - Introduction</li> <li>• Treatment of psychiatric disorders and treatment emergent sexual dysfunctions</li> </ul> 
 <p><b>Co-Morbidity and Sexual dysfunction</b></p>	<ul style="list-style-type: none"> <li>• Sexual evaluation &amp; Mx. by General Physician perspective</li> </ul>
<p><b>Non ED sexual dysfunction: A Practical approach</b></p>	<ul style="list-style-type: none"> <li>• Premature Ejaculation - Treatment advances and future</li> <li>• LGBTQIA+</li> <li>• Testicular, penile and postejaculatory pain - Mx. and role of surgery</li> <li>• Infertility &amp; Sexual Dysfunction</li> </ul> 
<p><b>Guidelines and Complexities in sexual dysfunction Management</b></p>	<ul style="list-style-type: none"> <li>• Sexual Desire Disorders - Part 1</li> <li>• Sexual Desire Disorders - Part 2</li> </ul>





# Curriculum

Module Name	Chapter Name
 <p data-bbox="212 801 719 840"><b>Female Sexual Dysfunction: FSD</b></p>	<ul data-bbox="815 533 1406 1115" style="list-style-type: none"><li>• <b>History, Investigation &amp; Classification of the problem</b></li><li>• <b>Female HSDD</b></li><li>• <b>Hypoactive sexual desire disorder (HSSD) in women</b></li><li>• <b>Medical Management of Female Sexual Dysfunction: Critical Evaluation of Drugs</b></li><li>• <b>Dont know whether I have orgasms</b></li><li>• <b>UTI and Sex</b></li><li>• <b>FSD - Vaginismus</b></li><li>• <b>Dyspareunia</b></li><li>• <b>Urological issues with Sex</b></li></ul>
<p data-bbox="193 1290 743 1357"><b>Set up and maximize your practice in sexual medicine</b></p>	<ul data-bbox="815 1279 1374 1368" style="list-style-type: none"><li>• <b>Setting Up Of Sexual Health &amp; Men's Health Services In Your Center - An Effective And Simple Way</b></li></ul>





# Certificate Sample



## CERTIFICATE OF FELLOWSHIP

This is to certify that **YOUR NAME** has successfully completed the course in **COURSE NAME** on DD/MM/YYYY (Completion Date)

Certified by MasterHealthPro Inc., USA

Dr. SS Vasan  
Program Director

Suresh Elangovan  
President & CEO

In Association with



ACADEMY FOR MEN'S HEALTH  
SINGAPORE



INTERNATIONAL SOCIETY OF FERTILITY &  
REPRODUCTIVE HEALTH



SOUTH ASIAN SOCIETY FOR  
SEXUAL MEDICINE

Verify the certificate at [www.masterhealthpro.com/certificate/verification/00099999](http://www.masterhealthpro.com/certificate/verification/00099999)



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