

Six Months Masters Course in

**WOMEN'S  
REPRODUCTIVE &  
SEXUAL HEALTH**





# About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills

MHPro is committed to a competency-based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro



# Course Introduction

Crafted by esteemed medical experts, this advanced course empowers practitioners with a comprehensive curriculum at the intersection of sexual health, chronic disease, and women's holistic care. Participants delve into the holistic impact of physiological changes, trauma, cancer, and fertility factors on patient intimacy and sexual relationships, gaining skills in compassionate counselling and nuanced communication. Enhancing proficiency in procedures for diverse gynaecological complaints, the course focuses on evidence-based expertise, enabling practitioners to implement community programs, health policies, and clinical pathways for the safe navigation of women's intimate health concerns



## Learning Objectives:

- Comprehensively evaluate intimate relationships and sexual health in female patients
- Clearly addresses the impact of diseases, medication, surgery, conception and parturition on sexual health and couples' relationship
- Develop patient-centred treatment plans incorporating traditional and emerging innovations in therapeutic techniques
- Demonstrate technical acumen in utilizing advanced medical technologies, including ultrasound, laparoscopy, and hysteroscopy in gynaecology
- Address impacts of reproductive and sexual health intersections with chronic diseases
- Provide counselling across reproductive life stages including premarital, adolescence, pre/post-partum, midlife changes and post-menopause
- Implement strategic preventive measures for Non-Communicable Diseases (NCDs) and gestational diabetes
- Emphasizes the significance of HPV screening for cervical cancer
- Implement nuanced communication regarding sensitive health circumstances related to sexual function, fertility, assault, trauma, and relationships

## Learning Outcomes:

- Exhibit specialized knowledge in addressing intricate aspects of female sexual health
- Apply enhanced clinical skills in counselling techniques, and the integration of Artificial Intelligence in women's healthcare practices
- Showcase technical precision in performing obstetric ultrasound, laparoscopy, and hysteroscopy procedures
- Be equipped to navigate emergency obstetric scenarios, including postpartum haemorrhage, sepsis, and situations related to domestic violence with acute medical discernment
- Developing communication skills and history-taking

# Who should take up this course?

Obstetricians and Gynaecologists, Surgeons, Urologists, Endocrinologists, Oncologists  
Public Health professionals, Family Medicine practitioners, Medical Doctors specializing in women's health, Other specialized doctors with a focus on reproductive and sexual health, and Any medical graduate

## Program Director



Dr. S S Vasan

Uro-Andrologist  
Medical Director & CEO, Ankur Healthcare  
Bengaluru, India

## Course Director



Dr. Padmini Prasad

Obstetrician Gynaecologist  
& Sexual Health Consultant, Ramamani Nursing Home  
Bengaluru, India



# Curriculum

## Course Title: Women's Reproductive & Sexual Health

### Module:

#### An Introduction to Sexual Health

### Chapter:

- Sexuality & Sexual Health
- Physiology of the Sexual Response Cycle
- History-Taking in Sexual Medicine
- Counselling in Sexual Dysfunction

#### Sexual Function, Dysfunction & Treatment

- Female Sexual Dysfunction
- Female Hypoactive Sexual Desire Disorder
- Female Orgasm
- Non Consummation of Marriage & Vaginismus
- Cosmetic Procedures in Gynaecology

#### Gynaec Conditions

- Endometriosis
- AUB
- Infertility & Sexual Behavior
- Female Infertility
- Diabetes & Sexuality
- Mechanism of Labour & Female Pelvis

#### Gynaec Cancer

- Cervical Cancer Elimination: Panel Discussion
- HPV Screening Methods for Cervical Cancer
- Sexuality and Relationship after Cancer & Treatment

#### Sexuality in Different Phases of Women's Life

- Adolescent Counselling: Healthy Sexuality Education

# Curriculum

## Course Title: Women's Reproductive & Sexual Health

### Module:

#### Sexuality in Different Phases of Women's Life

### Chapter:

- Sexual and Reproductive Health Problems of Adolescent Girls
- Premarital Guidance
- Uterus & Sex
- Menopause and Sexuality
- Menopausal Transition
- Menopause
- Female Perspective of Andropause
- Transgender Health

#### Nutrition for Women

- Adolescent Nutrition
- Nutrition in Menopause
- Nutrition across Womens Lifecycle

#### Technology for Women's Health

- Targeted Imaging for Fetal Anomalies (TIFFA) Scan
- Laparoscopy in Gynaecology
- Hysteroscopy in Gynaecology

#### Contraception for Women

- Contraception
- Journey of Oral Contraceptive Pill
- Population Stabilization and Family Planning 2023

#### Pregnancy & Pregnancy Complications - Part 1

- Pre Conceptional Care
- Sex During Pregnancy
- Thrombocytopenia in Pregnancy
- Induction of Labour



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### Module:

#### Pregnancy & Pregnancy Complications - Part 1

### Chapter:

- Thromboprophylaxis in Pregnancy  
Why? Whom? When? What? How?
- Acute VTE in pregnancy
- Infections in pregnancy

#### Pregnancy & Pregnancy Complications - Part 2

- Immunization in Pregnancy - New Recommendations
- Preventing NCD; Optimising GDM
- Vaccination in Pregnancy
- DOHAD
- Antihypertensives - When? What? How?
- HIV & Women's Health

#### Obstetric Operations

- Alarming Rate of Caesarean Section - Time to Rethink!
- Prevention and preparedness for Postpartum haemorrhage (PPH)
- Management of Placenta Accreta
- Sepsis in Obstetrics
- Transfer of Patient with PPH and Use of NASG

#### Pelvic Floor Disturbances in Women

- Urinary Continence and Incontinence
- Benign Breast Diseases
- Sex and Pelvic Floor
- Nulliparous Prolapse
- Pelvic Organ Prolapse

#### Mental Health in Women

- Post Partum Psychosis



# Curriculum

## Course Title: Women's Reproductive & Sexual Health

### Module:

**Mental Health in Women**

### Chapter:

- Depression in Women
- Psychiatric Disorders & Sexual Dysfunction in Women

**Violence against Women**

- Management of a Case of Sexual Assault
- Women and Girl Child Atrocities
- Violence against Women: Types of Abuse

# Certificate Sample



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