



Six Months Masters Course in

# **Sexual Medicine**



# About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills



MHPro is committed to a competency based curriculum. Learners will be graded and receive pertinent feedback

**Welcome to MHPro**





# Course Introduction



A highly specialized specialty comprehensively crafted by multi-specialty national and international experts in their respective field, sexual medicine is dedicated to quantitative and objective diagnostic examinations of various diseases and disorders, and psychosocial conditions affecting sexuality. It includes a varied knowledge spectrum from endocrinologist to dermatologist, gynecology, and psychiatry as well as urologist perspective of sexual medicine thereby brightening the diagnostic and treatment horizon serving as a total sexual health education package





## Learning Objectives:

- Gain knowledge and skills required for delivering reproductive healthcare
- To prepare professionally trainees in interview skills, capacity to collect history, evaluate to make a proper diagnosis and plan the care appropriately
- To learn theoretical and practical aspects of sexual and marital problems and their solutions
- Learn management approaches to various Sexually Transmitted Infections (STIs)
- Identify possible causes and manage medical aspects of infertility in males and females
- Understand various options available for reproductive health promotion
- Become expert in the advanced comprehensive men's health evaluation



## Learning outcomes:

- Understand the sexual and reproductive health needs of the local communities
- Implement evidence based sexual and reproductive health programs
- Evaluate effectiveness of reproductive health interventions
- Assessment of circumstances of the development of the Sexual Dysfunction
- Carry out psychosexual counseling and behavioral exercises
- Manage common STIs



# Program Director



**Dr. S S Vasan**

Uro-Andrologist & Medical Director,  
Ankur Healthcare, Bengaluru, India  
President SASSM



# Course Directors



**Dr. Peter HC Lim**

Medical Director, Andrology,  
Urology & Continence Centre,  
Gleneagles Hospital, Singapore



**Dr. Rupin Shah**

Consultant Andrologist &  
Microsurgeon, Lilavati Hospital  
& Research Centre, Mumbai, India



# Who should take up this course?







Medical Graduates, PG Students in the field of Urology, General Surgery, Gynecology, and Reproductive Medicine, Embryologists, Psychiatrists, Dermatologists, Lab technicians in the field of Andrology and Embryology









# Curriculum

Module Name	Chapter Name
 <b>The need for men's sexual health in today's era</b>	<ul style="list-style-type: none"><li>• <b>The case for men's health</b></li></ul>
<b>Sexual Development &amp; Sexuality</b>	<ul style="list-style-type: none"><li>• <b>History of sexual medicine - the evolution</b></li><li>• <b>Sexual development Male and Female - Sexual Response Cycle and its Determinants</b></li><li>• <b>Anatomy of the male reproductive system</b></li><li>• <b>Development of the Male Reproductive System</b></li><li>• <b>Spermatogenesis and Spermiogenesis</b></li><li>• <b>Sperm Transport and Maturation</b></li><li>• <b>HPG axis in Men and its Role in Spermatogenesis</b></li><li>• <b>Seminal Plasma and Its Role</b></li><li>• <b>Hypothalamus and Pituitary Disorders</b></li><li>• <b>Hormones in sexual development / behavior</b></li></ul> 
 <b>Adolescent Sexual Medicine and Challenges in Management</b>	<ul style="list-style-type: none"><li>• <b>Introduction to Sexuality in Adolescents</b></li><li>• <b>Evaluation of Puberty</b></li><li>• <b>Components of Adolescent Sexuality and terms related to it</b></li><li>• <b>Stages of sexuality development in adolescents- early, mid and late</b></li><li>• <b>Assessing sexual health - HEADSSS / psychosocial history and sexual health history</b></li></ul> 









# Curriculum

Module Name	Chapter Name
 <b>Adolescent Sexual Medicine and Challenges in Management</b>	<ul style="list-style-type: none"><li>• <b>Sexual Behaviour and STD</b></li><li>• <b>Media and Adolescent sexuality</b></li><li>• <b>Comprehensive Sexuality Education</b></li></ul>
<b>Evaluation of Sexual dysfunction in office clinical practice</b>	<ul style="list-style-type: none"><li>• <b>Male Sexual Dysfunction - Clinical Challenges Management Strategy for Gynaecologists</b></li><li>• <b>Effects of Tobacco on Sexual Health</b></li></ul> 
 <b>Sexual Evaluation by Psychologist Perspectiv</b>	<ul style="list-style-type: none"><li>• <b>Sexual medicine clinic - do's &amp; donts - consents</b></li><li>• <b>Relevant history taking and problem classification</b></li><li>• <b>Mindfulness in sexual therapy - the new trend</b></li><li>• <b>Steps of Mx of psychogenic ED: Psychotherapy or Drugs - alone or combined? how to choose?</b></li><li>• <b>Sex Therapy for PME - Is there a role?</b></li><li>• <b>Limitations &amp; concerns of sex therapy</b></li></ul>
<b>Recent concepts in sexual dysfunction</b>	<ul style="list-style-type: none"><li>• <b>Inflammation and Male Infertility</b></li><li>• <b>Inflammation and Sexual Dysfunction</b></li><li>• <b>Relevance of endothelial testing</b></li></ul> 





# Curriculum





Module Name	Chapter Name
 <p data-bbox="188 891 751 965"><b>Management of Sexual Dysfunction / ED in office clinical practice</b></p>	<ul data-bbox="815 551 1406 1301" style="list-style-type: none"><li>• Quick history format for evaluating male sexual dysfunction</li><li>• Using PDE5 inhibitors effectively</li><li>• Management of Non-Responders to PDE5 Inhibitors</li><li>• Erectile Dysfunction - evaluation. A practical, therapy-guided approach for the urologist</li><li>• Introduction to Penile Prosthesis</li><li>• Penile Prosthesis - types and approaches</li><li>• Complications of Penile Prosthesis</li><li>• Management of Priapism</li><li>• Congenital Penile Curvature &amp; Peyronie's Disease</li><li>• Late Onset Hypogonadism</li><li>• Case scenarios</li></ul> 
 <p data-bbox="236 1599 703 1673"><b>Influence of Dermatological conditions on sexual function</b></p>	<ul data-bbox="815 1473 1406 1794" style="list-style-type: none"><li>• Dermatological conditions those can adversely influence the sexual relationship</li><li>• Genital dermatoses those can result in Sexual Dysfunctions</li><li>• Certain genital conditions raises concern and Sexual Dysfunctions</li><li>• Genital Hygiene</li></ul>
<p data-bbox="236 1957 703 2031"><b>Influence of STI/HIV &amp; Genital variations on sexual function</b></p>	<ul data-bbox="815 1928 1318 2040" style="list-style-type: none"><li>• The role of Prepuce - Phimosis, Paraphimosis and Circumcision</li><li>• Balanoposthitis and vulvovaginitis</li></ul> 







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Module Name	Chapter Name
 <p data-bbox="236 779 699 846"><b>Influence of STI/HIV &amp; Genital variations on sexual function</b></p>	<ul data-bbox="810 519 1407 1079" style="list-style-type: none"><li>• Epididymitis, Orchitis, epididymo-orchitis and prostatitis</li><li>• Genital discharges in men</li><li>• Female Genital Discharges</li><li>• Impacts of STI-HIV on marriage, parenthood and resuming sex after treatment</li><li>• Myths and misconceptions on STI-HIV</li><li>• Serology of Syphilis and HIV</li><li>• Post exposure prophylaxis, preexposure prophylaxis and universal work precautions</li><li>• Venerophobia and HIV Phobia</li></ul> 
 <p data-bbox="213 1473 715 1509"><b>Psychiatry and Sexual Medicine</b></p>	<ul data-bbox="810 1263 1359 1720" style="list-style-type: none"><li>• Sexual evaluation by psychiatrist perspective</li><li>• Psychiatric disorders and sexual problems - Introduction</li><li>• Treatment of psychiatric disorders and treatment emergent sexual dysfunctions</li><li>• Adult Sexual Violence: Harassment, Assault and Rape</li><li>• Sexual Addiction Disorders</li><li>• Pornography &amp; Sexuality</li></ul> 
<p data-bbox="274 1904 657 1971"><b>Co-Morbidity and Sexual dysfunction</b></p>	<ul data-bbox="810 1818 1359 2051" style="list-style-type: none"><li>• Sexual evaluation &amp; Mx. by General Physician perspective</li><li>• Sexual evaluation by geriatrician perspective &amp; Mx.</li><li>• Approach to erectile dysfunction in diabetes</li></ul>









# Curriculum

Module Name	Chapter Name
 <b>Non ED sexual dysfunction: A Practical approach</b>	<ul style="list-style-type: none"><li>• Retrograde ejaculation - Management</li><li>• Patient concerns in young: shrinkage/ lack of early morning/thin semen/ decrease in force of ejaculation</li><li>• Premature Ejaculation - Treatment advances and future</li><li>• LGBTQIA+</li><li>• Traction devices of length and peyronies</li><li>• Testicular, penile and postejaculatory pain - Mx. and role of surgery</li><li>• Hypoactive sexual desire disorder</li><li>• Phimosis: Foreskin Stretching devices</li><li>• Infertility &amp; Sexual Dysfunction</li><li>• Case scenarios</li></ul> 
<b>Guidelines and Complexities in sexual dysfunction Management</b>	<ul style="list-style-type: none"><li>• Sexual Medicine and Sexual Dysfunction</li><li>• PME - CLINICAL CHALLENGES AND TREATMENT MODALITIES</li><li>• Sexual Desire Disorders - Part 1</li><li>• Sexual Desire Disorders - Part 2</li></ul>
 <b>Gender and Sexuality</b>	<ul style="list-style-type: none"><li>• Purpose of knowledge &amp; knowhow in gender issues</li><li>• Terminologies : Why the changes? Present state of art</li><li>• Hormone therapy</li></ul>
<b>Female Sexual Dysfunction: FSD</b>	<ul style="list-style-type: none"><li>• History, Investigation &amp; Classification of the problem</li><li>• Female HSDD</li></ul> 







# Curriculum

Module Name	Chapter Name
 <p><b>Female Sexual Dysfunction: FSD</b></p>	<ul style="list-style-type: none"> <li>• <b>Hypoactive sexual desire disorder (HSSD) in women</b></li> <li>• <b>Medical Management of Female Sexual Dysfunction: Critical Evaluation of Drugs</b></li> <li>• <b>Dont know whether I have orgasms</b></li> <li>• <b>UTI and Sex</b></li> <li>• <b>Treatment of Vaginismus</b></li> <li>• <b>FSD - Vaginismus</b></li> <li>• <b>Dyspareunia</b></li> <li>• <b>Urological issues with Sex</b></li> <li>• <b>Flibanserin</b></li> <li>• <b>Mistakes in Use of PDE5 Inhibitors Leading to Failure of Therapy</b></li> <li>• <b>Using PDE5I's</b></li> <li>• <b>Testosterone/DHEA</b></li> </ul> 
 <p><b>Surgical Videos and Tips &amp; Tricks</b></p>	<ul style="list-style-type: none"> <li>• <b>Penile Lengthening+C224:C260</b></li> <li>• <b>Fat Derived Stem Cell Girth Augmentation</b></li> <li>• <b>Use of Fillers and more</b></li> <li>• <b>Peyronies disease treatment</b></li> <li>• <b>Peyronies Disease - Treatment with Injection &amp; other drugs</b></li> <li>• <b>Solutions for Psychological Problems for Sexual Dysfunction</b></li> <li>• <b>“Male to Female (MTF) - Part 1 Gender Reaffirmation Surgery Surgical Principles - Procedures”</b></li> <li>• <b>“Male to Female (MTF) - Part 2 Gender Reassignment Surgery Surgical Steps: Live Video”</b></li> </ul> 





# Curriculum

Module Name	Chapter Name
 <p><b>Set up and maximize your practice in sexual medicine</b></p>	<ul style="list-style-type: none"><li>• <b>Setting Up Of Sexual Health &amp; Men's Health Services In Your Center - An Effective And Simple Way</b></li><li>• <b>How to evolve a multidisciplinary practice</b></li></ul>
<p><b>Expert opinions {one to one}</b></p>	<ul style="list-style-type: none"><li>• <b>Mx of ED Rx failures/sudden non responders-medically</b></li><li>• <b>ED Management Overview</b></li><li>• <b>Male Infertility Management Overview</b></li><li>• <b>Premature ejaculation diagnosis and management</b></li></ul> 





# Certificate Sample



**mhpro+**  
THE MEDICS ONLINE ACADEMY

## CERTIFICATE OF MASTERS

This is to certify that **YOUR NAME** has successfully completed the course in  
**COURSE NAME** on DD/MM/YYYY (Completion Date)

Certified by MasterHealthPro Inc., USA

  
 Dr. SS Vasan  
Program Director

  
 Suresh Elangovan  
President & CEO

In Association with

  
 ACADEMY FOR MEN'S HEALTH  
SINGAPORE

 **ISFRH**  
 INTERNATIONAL SOCIETY OF FERTILITY &  
REPRODUCTIVE HEALTH

  
 SOUTH ASIAN SOCIETY FOR  
SEXUAL MEDICINE

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