



Three Months Fellowship Course in
**Psychosexual
Medicine**



About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills



MHPro is committed to a competency based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro





Course Introduction

The course is first of its kind providing the Medical Professionals an opportunity to learn and practice various skills in sexual medicine especially involving the psychological aspects. The course looks at equipping the professionals with appropriate skills to understand the core concept of psychosexual problems encountered in day to day clinical practice. The course is delivered by renowned sexual medicine experts who will provide scientifically evidence based methods and approaches for health care professionals for clinical applications





Learning Objectives:

- To prepare professionally trainees in interview skills, capacity to collect history, evaluate to make a proper diagnosis and plan the care appropriately
- To learn nuances of clinical practice such that skills come handy and benefit the help seekers
- To learn theoretical and practical aspects of sexual and marital problems and their solutions
- Help practice get feedback and enrich knowledge in sexual medicine
- To Understand the Psychosomatic Circle of Sex and its origin
- To understand the conflict-intrapsychic, cultural and relationship-Dyadic causes of sexual dysfunctions
- To realize the role of counselling in treating psychosexual dysfunctions
- To recognize the prerequisite conditions and skills involved in effective counselling for psychosexual dysfunctions



Learning outcomes:

- To implement evidence based practice in psychosexual medicine - evaluation and diagnosis of various psychosexual challenges in practice
- Assessment of circumstances of the development of the Sexual Dysfunction
- Psychosexual counselling
- Behavioral exercises
- Understand the psychological components in psychosomatic circle of Sex
- Understand the various psychological factors, like immediate and the deep rooted causes of sexual problems



Program Director



Dr. S S Vasan

Uro-Andrologist & Medical Director,
Ankur Healthcare, Bengaluru, India
President SASSM



Course Directors



Dr. Peter HC Lim

Medical Director, Andrology,
Urology & Continence Centre,
Gleneagles Hospital, Singapore



Dr. Rupin Shah

Consultant Andrologist &
Microsurgeon, Lilavati Hospital
& Research Centre, Mumbai, India



Who should take up this course?



Psychiatrists, Embryologists, Medical Graduates, PG Students in the field of Urology, General Surgery, Gynecology, and Reproductive medicine





Curriculum

Module Name	Chapter Name
 The need for men's sexual health in today's era	<ul style="list-style-type: none">• The case for men's health
Introduction to Sexual Health	<ul style="list-style-type: none">• Introduction to Sexual Health – Why it is important• Dimensions of Sexuality• History of sexual medicine - the evolution• Kamasutra and other classics – Lessons to learn• Demystifying Sex 
 Psychosexual Development – Clinical Issues	<ul style="list-style-type: none">• Psychosexual Development in Children• Genetic issues & Intersex conditions• Cognitive, Behavioural & Interpersonal Perspectives of Male Sexual Dysfunction• Cognitive, Behavioural, and Interpersonal Perspectives of Sexual Dysfunctions in Females• Human sexual response - Male• Human sexual response - Female• Adult Sexuality: Pre- marital, marital & Extra marital issues• Geriatric / Elderly Sexuality 





Curriculum

Module Name	Chapter Name
Adolescent Sexual Medicine and Challenges in Management	<ul style="list-style-type: none">• Assessing sexual health- HEADSSS /psychosocial history and sexual health history• Comprehensive Sexuality Education
Basics of Sexuality	<ul style="list-style-type: none">• Male Sexual Anatomy - Part 1• Male Sexual Anatomy - Part 2• Female Sexual Anatomy - Part 1• Female Sexual Anatomy - Part 2
Bio-Psycho-social issues in Sexuality	<ul style="list-style-type: none">• Understanding Brain, Behavior & Sex• Understanding Biochemistry of Sex• Hormones & Sex• Bio-Psycho-Social Aspects of Sexual Dysfunction
Sex & Sexuality, Myths & Misconceptions	<ul style="list-style-type: none">• Male Myths• Female Myths• Sexual Myths• Dhat & Psycheaesthetic Syndrome• PLISSIT Model for Managing Sexual Dysfunctions• OP Clinic Management
Sexual Evaluation by Psychological Perspective	<ul style="list-style-type: none">• Sexual Medicine Clinic - do's & don'ts- consents \





Curriculum

Module Name	Chapter Name
 Sexual Evaluation by Psychological Perspective	<ul style="list-style-type: none">• Interview techniques & History taking• Mindfulness & Sex• Psychological / Behavioral therapies: Individual / Couple• How to choose drugs or psychological therapies• Couple Sex therapy: Including Sensate Focus
Classification of Sexual Disorders	<ul style="list-style-type: none">• Classification of Psychosexual Disorders: Historical Aspects, Current Status & Future Directions
Desire Disorders	<ul style="list-style-type: none">• Sexual Desire Disorders - Part 1• Sexual Desire Disorders - Part 2 
 Management of Sexual Dysfunction / ED in office clinical practice	<ul style="list-style-type: none">• Quick History-Taking Format• Using PDE5 inhibitors effectively• Mx of ED Rx failures/sudden non-responders-medically (not interested in other Rx)• Sex Therapy for Sexual Dysfunction• Erectile Dysfunction• Late Onset Hypogonadism
Psychiatry and Sexual Medicine	<ul style="list-style-type: none">• Psychiatric disorders and sexual problems - Introduction 







Curriculum

Module Name	Chapter Name
 <p>Psychiatry and Sexual Medicine</p>	<ul style="list-style-type: none"> • Psychiatric disorder and sexual dysfunction • Adult Sexual Violence: Harassment, Assault and Rape • Pornography & Sexuality
 <p>Female Sexual Dysfunction : FSD</p>	 <ul style="list-style-type: none"> • History, Invest & classification of the problem • Mx-Low desire in women • Medical Management of Female exual Dysfunction: Critical Evaluation of Drugs • Mx-I don't know if I reach orgasms? (I don't enjoy) • Recurrent UTI and Sex • Vaginismus • Dyspareunia • Post-Menopausal Syndrome • Urological issues with Sex
<p>Co-Morbidity and Sexual dysfunction</p>	 <ul style="list-style-type: none"> • Sexual evaluation & Mx by Physician or GP perspective • Sexual evaluation & Mx by endocrinologist/Diabetologist perspective





Curriculum

Module Name	Chapter Name
 <p data-bbox="245 533 687 633">Influence of Dermatological conditions on sexual function</p>	<ul data-bbox="810 539 1347 633" style="list-style-type: none"><li data-bbox="810 539 1347 633">• Dermatological conditions those can adversely influence the sexual relationship
<p data-bbox="237 1066 699 1128">Influence of STI/HIV & Genital variations on sexual function</p>	<ul data-bbox="810 846 1347 1352" style="list-style-type: none"><li data-bbox="810 846 1225 875">• Genital discharges in men<li data-bbox="810 898 1235 927">• Female Genital Discharges<li data-bbox="810 949 1305 1043">• Impacts of STI-HIV on marriage, parenthood and resuming sex after treatment<li data-bbox="810 1066 1347 1128">• Myths and misconceptions on STI-HIV<li data-bbox="810 1151 1257 1180">• Serology of Syphilis and HIV<li data-bbox="810 1202 1267 1296">• Post exposure prophylaxis, preexposure prophylaxis and universal work precautions<li data-bbox="810 1319 1283 1348">• Venerophobia and HIV Phobia 





Certificate Sample



CERTIFICATE OF FELLOWSHIP

This is to certify that **YOUR NAME** has successfully completed the course in
COURSE NAME on DD/MM/YYYY (Completion Date)

Certified by MasterHealthPro Inc., USA

Dr. SS Vasan
Program Director

Suresh Elangovan
President & CEO

In Association with



ACADEMY FOR MEN'S HEALTH
SINGAPORE



ISFRH

INTERNATIONAL SOCIETY OF FERTILITY &
REPRODUCTIVE HEALTH



SOUTH ASIAN SOCIETY FOR
SEXUAL MEDICINE

Verify the certificate at www.masterhealthpro.com/certificate/verification/00099999



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