

Six Months Masters Course in

Psychosexual Medicine



About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills



MHPro is committed to a competency based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro





Course Introduction

The course is first of its kind providing the Medical Professionals an opportunity to learn and practice various skills in sexual medicine especially involving the psychological aspects. The course looks at equipping the professionals with appropriate skills to understand the core concept of psychosexual problems encountered in day to day clinical practice. The course is delivered by renowned sexual medicine experts who will provide scientifically evidence based methods and approaches for health care professionals for clinical applications





Learning Objectives:

- To prepare professionally trainees in interview skills, capacity to collect history, evaluate to make a proper diagnosis and plan the care appropriately
- To learn nuances of clinical practice such that skills come handy and benefit the help seekers
- To learn theoretical and practical aspects of sexual and marital problems and their solutions
- Help practice get feedback and enrich knowledge in sexual medicine
- To Understand the Psychosomatic Circle of Sex and its origin
- To understand the conflict-intrapsychic, cultural and relationship-Dyadic causes of sexual dysfunctions
- To realize the role of counselling in treating psychosexual dysfunctions
- To recognize the prerequisite conditions and skills involved in effective counselling for psychosexual dysfunctions



Learning outcomes:



- To implement evidence based practice in psychosexual medicine - evaluation and diagnosis of various psychosexual challenges in practice
- Assessment of circumstances of the development of the Sexual Dysfunction
- Psychosexual counselling
- Behavioral exercises
- Understand the psychological components in psychosomatic circle of Sex
- Understand the various psychological factors, like immediate and the deep rooted causes of sexual problems



Program Director



Dr. S S Vasan

Uro-Andrologist & Medical Director,
Ankur Healthcare, Bengaluru, India
President SASSM



Course Directors



Dr. Peter HC Lim

Medical Director, Andrology,
Urology & Continence Centre,
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Dr. Rupin Shah

Consultant Andrologist &
Microsurgeon, Lilavati Hospital
& Research Centre, Mumbai, India

Who should take up this course?



Psychiatrists, Embryologists, Medical Graduates, PG Students in the field of Urology, General Surgery, Gynecology, and Reproductive medicine









Curriculum

Module Name	Chapter Name
 <p data-bbox="256 555 671 622">The need for men's sexual health in today's era</p>	<ul data-bbox="810 573 1222 600" style="list-style-type: none"><li data-bbox="810 573 1222 600">• The case for men's health
<p data-bbox="233 969 699 996">Introduction to Sexual Health</p>	<ul data-bbox="810 819 1305 1155" style="list-style-type: none"><li data-bbox="810 819 1305 880">• Introduction to Sexual Health – Why it is important<li data-bbox="810 902 1198 929">• Dimensions of Sexuality<li data-bbox="810 952 1305 1012">• History of sexual medicine - the evolution<li data-bbox="810 1034 1294 1095">• Kamasutra and other classics – Lessons to learn<li data-bbox="810 1120 1107 1146">• Demystifying Sex 
 <p data-bbox="236 1648 695 1715">Psychosexual Development – Clinical Issues</p>	<ul data-bbox="810 1384 1358 2011" style="list-style-type: none"><li data-bbox="810 1384 1286 1444">• Psychosexual Development in Children<li data-bbox="810 1467 1214 1527">• Genetic issues & Intersex conditions<li data-bbox="810 1550 1358 1648">• Cognitive, Behavioural & Interpersonal Perspectives of Male Sexual Dysfunction<li data-bbox="810 1671 1305 1769">• Cognitive, Behavioural, and Interpersonal Perspectives of Sexual Dysfunctions in Females<li data-bbox="810 1792 1289 1818">• Human sexual response - Male<li data-bbox="810 1841 1326 1868">• Human sexual response - Female<li data-bbox="810 1890 1273 1951">• Adult Sexuality: Pre- marital, marital & Extra marital issues<li data-bbox="810 1973 1241 2000">• Geriatric / Elderly Sexuality 





Curriculum

Module Name	Chapter Name
 <p>Adolescent Sexual Medicine and Challenges in Management</p>	<ul style="list-style-type: none">• Introduction to Sexuality in Adolescents• Evaluation of Puberty• Components of Adolescent Sexuality and terms related to it• Stages of sexuality development in adolescents- early, mid and late• Assessing sexual health- HEADSSS /psychosocial history and sexual health history• Sexual Behavior and STD• Media and Adolescent sexuality• Comprehensive Sexuality Education 
 <p>Basics of Sexuality</p>	<ul style="list-style-type: none">• Male Sexual Anatomy - Part 1• Male Sexual Anatomy - Part 2• Female Sexual Anatomy - Part 1• Female Sexual Anatomy - Part 2
<p>Bio-Psycho-social issues in Sexuality</p>	<ul style="list-style-type: none">• Understanding Brain, Behavior & Sex• Understanding Biochemistry of Sex• Hormones & Sex• Bio-Psycho-Social Aspects of Sexual Dysfunction 





Curriculum

Module Name	Chapter Name
 Sex & Sexuality, Myths & Misconceptions	<ul style="list-style-type: none">• Male Myths• Female Myths• Sexual Myths• Dhat & Psycheaesthetic Syndrome• PLISSIT Model for Managing Sexual Dysfunctions• OP Clinic Management
Sexual Evaluation by Psychological Perspective	<ul style="list-style-type: none">• Sexual Medicine Clinic - do's & don'ts-consents• Interview techniques & History taking• Mindfulness & Sex• Psychological / Behavioral therapies: Individual / Couple• How to choose drugs or psychological therapies• Couple Sex therapy: Including Sensate Focus 
 Classification of Sexual Disorders	<ul style="list-style-type: none">• Classification of Psychosexual Disorders: Historical Aspects, Current Status & Future Directions
Desire Disorders	<ul style="list-style-type: none">• Sexual Desire Disorders - Part 1• Sexual Desire Disorders - Part 2• Sexual Addiction Disorders 









Curriculum

Module Name	Chapter Name
 <p>Management of Sexual Dysfunction / ED in office clinical practice</p>	<ul style="list-style-type: none"> • Quick History-Taking Format • Using PDE5 inhibitors effectively • Mx of ED Rx failures/sudden non-responders-medically (not interested in other Rx) • Treatment with Intra-Penile Self-Injection and VED • Penile Prosthesis Implantation • Sex Therapy for Sexual Dysfunction • Erectile Dysfunction • Management of Priapism • Congenital Penile Curvature & Peyronie’s Disease • Late Onset Hypogonadism • Case scenarios 
 <p>Non ED sexual dysfunction: A Practical approach</p>	<ul style="list-style-type: none"> • Mx of retrograde ejaculation • Patient concerns in young: shrinkage/ lack of early morning/thin semen/ decrease in force of ejaculation • PME- Rx advances and future • Traction devices of length and peyronies • Testis/Penile/Post Ejaculation pain_Mx and role of surgery • HSSD Mx • Phimosis: Foreskin Stretching devices • Infertility & Sexual Dysfunction • Case scenarios 





Curriculum

Module Name	Chapter Name
 <p data-bbox="220 792 719 824">Psychiatry and Sexual Medicine</p>	<ul data-bbox="810 611 1362 1010" style="list-style-type: none">• Psychiatric disorders and sexual problems - Introduction• Treatment of psychiatric disorders and treatment emergent sexual dysfunctions• Psychiatric disorder and sexual dysfunction• Adult Sexual Violence: Harassment, Assault and Rape• Pornography & Sexuality
 <p data-bbox="212 1621 727 1653">Female Sexual Dysfunction : FSD</p>	 <ul data-bbox="810 1267 1374 2007" style="list-style-type: none">• History, Invest & classification of the problem• Mx-Low desire in women• Medical Management of Female Sexual Dysfunction: Critical Evaluation of Drugs• Mx-I don't know if I reach orgasms? (I don't enjoy)• Recurrent UTI and Sex• Vaginismus• Dyspareunia• Post-Menopausal Syndrome• Urological issues with Sex• Flibanserin• PDE5 Inhibitors• Testosterone/DHEA 









Curriculum

Module Name	Chapter Name
 <p>Co-Morbidity and Sexual dysfunction</p>	<ul style="list-style-type: none"> • Sexual evaluation & Mx by Physician or GP perspective • Tobacco and Sexuality • Sexual evaluation & Mx by endocrinologist/Diabetologist perspective • HPG axis in Men and its Role in Spermatogenesis • Hypothalamus and Pituitary Disorders • Hypothalamus and Pituitary Disorders, Testicular Disorders & Environmental Factors and Its Influence on Sperm • Early diagnosis and interventions in Hypogonadism • Evaluation and management of endocrine abnormalities • Devices in Andrology 
 <p>Influence of Dermatological conditions on sexual function</p>	<ul style="list-style-type: none"> • Dermatological conditions those can adversely influence the sexual relationship • Genital dermatoses those can result in Sexual Dysfunctions • Certain genital conditions raises concern and Sexual Dysfunctions • Genital Hygiene 
<p>Influence of STI/HIV & Genital variations on sexual function</p>	<ul style="list-style-type: none"> • The role of Prepuce - phimosis, Paraphimosis and Circumcision • Balanoposthitis and vulvoginitis • Epididymitis, Orchitis, epididymo-orchitis and prostatitis • Genital discharges in men • Female Genital Discharges





Curriculum

Module Name	Chapter Name
 Influence of STI/HIV & Genital variations on sexual function	<ul style="list-style-type: none">• Impacts of STI-HIV on marriage, parenthood and resuming sex after treatment• Myths and misconceptions on STI-HIV• Serology of Syphilis and HIV• Post exposure prophylaxis, preexposure prophylaxis and universal work precautions• Venerophobia and HIV Phobia
Sexual Evaluation by Dermatologist Perspective	<ul style="list-style-type: none">• Role of Female Partners and the Health Care Providers and Others in ED• Physiological Discharges and Sexual Dysfunctions 
Guidelines and Complexities in sexual dysfunction Management	<ul style="list-style-type: none">• Sexual Medicine and Sexual Dysfunction
Gender and Sexuality	<ul style="list-style-type: none">• Gender Identity Disorders• Gender Reassignment Surgery: MTF, FTM
 Expert opinions	<ul style="list-style-type: none">• How to evolve a multidisciplinary practice• Mx of ED Rx failures/sudden non-responders-medically• Premature Ejaculation• Peyronie's Disease• Premature ejaculation diagnosis and management 





Certificate Sample

mhpro+
THE MEDICS ONLINE ACADEMY

CERTIFICATE OF MASTERS

This is to certify that **YOUR NAME** has successfully completed the course in
COURSE NAME on DD/MM/YYYY (Completion Date)

Certified by MasterHealthPro Inc., USA

Dr. SS Vasan
Program Director

Suresh Elangovan
President & CEO

In Association with



ACADEMY FOR MEN'S HEALTH
SINGAPORE



INTERNATIONAL SOCIETY OF FERTILITY &
REPRODUCTIVE HEALTH



SOUTH ASIAN SOCIETY FOR
SEXUAL MEDICINE

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